

**Michael Tremblay**  
119 Bagot Street #4, Kingston, Ontario, K7L 3E7  
Phone: 613-851-1070  
15mlt7@queensu.ca  
Updated: April 2019

**Areas of Specialization:**

AOS: Ancient Philosophy (esp. Stoicism and Hellenistic philosophy)

AOC: Epistemology, Early Modern Philosophy

**Research Languages:**

French, Ancient Greek

**Education:**

Ph.D., Philosophy, Queen's University 2016 - In Progress  
Concentrations: History of Philosophy, Stoicism

Greek Summer Program, University College Cork June-August 2018

M.A., Philosophy, Carleton University 2016  
Thesis: Spiritual Exercises in Epictetus: Difficult but Justified

B.A Honours *with Distinction*, Philosophy, Carleton University 2014

**Publications in Peer-Reviewed Journals:**

"Akrasia in Epictetus: A Comparison with Aristotle", *Apeiron: A Journal for Ancient Philosophy and Science*, Forthcoming.

**Peer Reviewed Conferences and Presentations:**

"Digestion (*Pepsis*) and Moral Education in Epictetus" April, 2019  
*American Philosophical Association Pacific Division Meeting of the Hellenistic Philosophy Society*,  
Vancouver.

"Akrasia in Epictetus: A Comparison with Aristotle"\* January, 2019  
*American Philosophical Association Eastern Meeting*, New York.  
\* Awarded a APA Graduate Student Travel Stipend Award

"Three Unique Features of Epictetus' Moral Psychology" November, 2018  
*Queen's Graduate Colloquium*, Queen's University

"Akrasia in Epictetus: A Comparison with Aristotle" June, 2018  
*Canadian Philosophical Association Annual Congress*, UQAM

“Wrestling as the Paradigm of Progress in Epictetus” March, 2018  
*American Philosophical Association Pacific Meeting, SSPMA Group Meeting, San Diego*

“Akrasia in Epictetus: A Comparison with Aristotle” February, 2018  
*Dominican College Student Conference in Philosophy and Theology, Dominican College University*

“Akrasia in Epictetus: A Comparison with Aristotle” January, 2018  
*Queen’s Graduate Colloquium, Queen’s University*

“Spiritual Exercises in Epictetus” December, 2015  
*Carleton University Research Day, Carleton University*

### **Popular Philosophy Publications:**

“Why Ancient Greek Psychology is Still Valuable Today” February 21<sup>st</sup>, 2019  
Article written for the blog of the American Philosophical Association.  
<https://blog.apaonline.org/2019/02/21/why-ancient-greek-psychology-is-still-valuable-today/>

“Brazilian Jiu-jitsu as a form of Stoic *Askēsis*” February 7<sup>th</sup>, 2019  
Article written for *The Side View*.  
<https://thesideview.co/articles/brazilian-jiu-jitsu-as-a-form-of-stoic-askesis/>

### **Public Outreach:**

“Interview with Michael Tremblay” April 4<sup>th</sup>, 2019.  
I was interviewed by *The Practical Stoic*.  
<https://practicalstoicpodcast.podbean.com/e/215-interview-with-michael-tremblay/>

“TSV Episode 12: Michael Tremblay” March 20<sup>th</sup>, 2019.  
My research was featured on *The Side View* podcast.  
<https://thesideview.co/podcasts/tsv-episode-12-michael-tremblay/>

“Stoicism and Sport” March, 2019  
I taught a three part workshop with the Queen’s University Varsity Men’s Soccer Team, focused on applying Stoic philosophy to sport performance.

“Stoicism, Epictetus, and Martial Arts with Michael Tremblay” March, 2019  
My research was featured on the *Sunday Stoic* podcast.  
<https://www.spreaker.com/user/sundaystoic/michael-tremblay>

“Wrestling with the Stoics” Aired February 13<sup>th</sup>, 2019  
My PhD research on Stoicism was the focus of an episode of the CBC radio program *Ideas*.  
Available through: <https://www.cbc.ca/radio/ideas/wrestling-with-the-stoics-tips-from-a-brazilian-jiu-jitsu-philosopher-1.5017563>

“Moral Education in Stoicism” Aired February 13<sup>th</sup>, 2018  
Radio Interview on CRFC 101.9FM for their *Grad Chats* Radio Program.  
Available through: <https://soundcloud.com/queens-grad-studies/february-13-2018-philosophy>

### **Honors and Awards:**

*SSRHC Doctoral Fellowship*, Social Sciences and Humanities Research Council    September 2019-2022  
\$20,000 Per Annum, \$60,000 total.

*Martyn Estall Award*, Queen's University    June 2018  
Travel Award to attend the Canadian Philosophical Association Annual Congress  
\$550

*Ontario Graduate Scholarship*, Ministry of Training, Government of Ontario (OGS)    September 2017  
\$15,000

*Ontario Graduate Scholarship*, Ministry of Training, Government of Ontario (OGS)    September 2016  
\$15,000

*Senate Medal for Outstanding Academic Achievement*,    June 2016  
Award to one Master's Student in the faculty of Arts and Social Sciences annually for the highest  
academic achievement, Carleton University.

### **Professional Affiliations:**

American Philosophical Association    Since 2017  
Canadian Philosophical Association    Since 2017

### **Teaching Experience:**

Teaching Assistant    2016-2019  
Queen's University  
Courses: Great Works of Philosophy\*, Ethics^, Metaphysics and Epistemology  
*\*Included planning and teaching a lecture on Mill's Utilitarianism*  
*^ Included planning and teaching a lecture on Stoicism*

Teaching Assistant    2014 – 2016  
Carleton University  
Courses: The Meaning of Life, The History of Ethics, Critical Thinking

Enrichment Mini-Courses Program Instructor    May 2016  
Carleton University

### **Teaching Training:**

Teaching Assistant Training    September 2016  
Queen's University, Kingston, Ontario